

Curriculum; "Course components of school learning."

**Transition from primary school to high school** can bring about a range of emotions including excitement, enthusiasm, fear and nervousness ... and that's just the parents!! Transition is an important stage in a student's development and the Year 6 teachers are endeavouring to make this as smooth as possible for our students.

Out Year 6 cohort generally attend a variety of high schools, both in the public and private sector. These schools also have their own transition programs which usually include orientation days and parent information sessions.

During Term 4 EFPS Year 6 students are attending Science sessions at John Curtin College of the Arts. This allows them to make connections with staff at JCCA, develop a familiarity within a high school classroom and participate in learning experiences.

EFPS staff have been meeting regularly with JCCA Science staff to ensure our teaching approaches align with high school expectations.



A group of past students will be returning to EFPS in December to participate in a discussion with our Year 6 students about their experiences in their first year of high school. These students are attending private schools, government school and some participating in specialist programs. The discussion will include how the students found developing new friendships, managing homework, organisational skills and the structure of high school. There will also be an opportunity for a question and answer session.

Within our classrooms we discuss change in a number of different scenarios and start to explore how relationships change and how to navigate this often difficult time. We continue to assist the students to further develop their independence, resiliency and organisational skills.

## Wellbeing Topics

Sessions are all evidence-based, contain interactive components and may also include scenarios and/or videos to engage students in problem solving. All sessions include a basic introduction to Kids Helpline.



## **Transition To High School**

Learning intentions:

- Understanding common worries/concerns
- Knowing how to prepare for High School
- Strategies for making friends
- Knowing what to expect on your first day
- From Your Year 6 Teaching Team