Slimy Sludge

Season: Halloween

Serves: 30 tastes

Fresh from the garden: broad beans, mint leaves.

Equipment:	Ingredients:
Small saucepan	250g bread beans, cooked
Colander	250g frozen peas
Electronic scales	3 tablespoons olive oil
Food processor	1 ½ tablespoons lemon juice
Grater	50g Parmesan cheese, grated
	Salt and pepper
	Mint for garnish

What to do:

- 1. Bring a small saucepan of water to the boil. Add frozen peas and cook for 2 minutes. Drain in the colander. Run under cold water to stop the cooking. Add to the food processor bowl.
- 2. Discard the tough outer skins from the broad beans and add the beans to the food processor.
- 3. Add the olive oil, lemon juice, salt and pepper and pulse. If you need to make a dairy free serve, remove a portion now. Add the Parmesan cheese and pulse again until the dip is well mixed, but still a bit lumpy.
- 4. Divide between 3 serving bowls and sprinkle with a little mint for garnish.

Notes: Serve with Lebanese crisps and veggie sticks.