## **Crunchy Granola with Plum and Yoghurt**

## **Ingredients:**

4 cups of rolled oats 3/4 cup coconut flakes ½ cup puffed quinoa ½ cup pepitas

1/2 cup sunflower seeds 1 teaspoon cinnamon 1 teaspoon vanilla

Large pinch of fine salt 1/2 cup melted coconut oil

1/2 cup honey (or maple syrup)

½ cup chopped dried apple

1/4 cup chopped dried cranberries

Serves: 40 tastes

To serve

1 tablespoon stewed plum per glass 1 tablespoon vanilla voghurt per glass

## What to do:

**Equipment:** 

Spatula

Large mixing bowl

40 serving glasses

Measuring cups and spoons

Large baking tray with baking paper

- 1. Preheat oven to 160°C, eco fan setting.
- 2. Measure all the dry ingredients into the mixing bowl, except for the dried fruit.
- 3. Add the melted coconut oil, then the honey (this helps to prevent the honey sticking to the measuring cup).
- 4. Stir with a spatula until the ingredients are well combined.
- 5. Spread out on the baking tray, push down on the mixture with the spatula to help it hold together.
- 6. Place in the middle of the oven and cook for about 20 minutes, checking occasionally to make sure the edges are not getting too brown.
- 7. Remove the tray from the oven and stir the granola. Return for another 5-10 minutes until the granola is golden brown. Remove from oven, sprinkle over the dried fruit and then leave undisturbed until cooled.
- 8. Place a tablespoon of stewed plum into each glass, follwed by a tablespoon yoghurt. Sprinkle with granola.